



International Nutrition for Precision Health



Uzt. 10 2024

Kod. W07-24

Mod.:

Online zuzenean

Edizioa

2024

Jarduera mota

Jarduera irekia

Data

Uzt. 10 2024

Kokalekua

Online

Hizkuntzak

Ingelesa

Balio akademikoa

10 ordu

Antolakuntza Batzordea



Azalpena

In this Open Activity we will talk about the classic foods of the Mediterranean Diet (olive oil, nuts, fruits, vegetables and fish), addressing their composition, as well as their beneficial potential for health. In addition, the metabolic and physiological mechanisms that contribute to explain the health effects of the Mediterranean pattern will be discussed. A comparison of the Mediterranean Diet with other global dietary patterns will be made.

Helburuak

The objectives of the activity can be specified first of all by informing about the foods of the Mediterranean Diet and their metabolic benefits.

Promote the comparison of the Mediterranean Diet with other dietary patterns.

Promote Networking and international collaboration tasks in the field of nutrition.

Lankidetzak



Programa

2024-07-10

Workshop - online session (English) Chairs J. Alfredo Martínez (IMDEA-UVa-SEÑ-RINN22) and Jacques Delarue (IUNS)

18:30 - 18:40 Dietary recommendations in Uganda Prof. Dr. Robert Fungo (FANUS - Uganda)

18:40 - 18:50 Dietary recommendations in Nigeria Prof. Dr.Nnam Ngozzi (FANUS - Nigeria)

18:50 - 19:00 Dietary recommendations in Ghana Prof. Dr. Francis Zotor (FANUS - Ghana)

19:00 - 19:10 **Dietary recommendations in Algeria Prof. Dr. Fahd Beddar (UVa - CAUSO)**

19:10 - 19:20 Dietary recommendations in the Balkans Prof^a. Dra. Sladjana Sobajic (FENS - Serbia)

19:20 - 19:30 Mediterranean Diet recommendations in Europe Prof. Dr. Jacques Delarue (IUNS - Francia)

19:30 - 19:40 Dietary recommendations in the UK Prof. Dr. Philip Calder (FENS - Reino Unido)

19:40 - 19:50 Dietary recommendations in Peru Prof^a. Dra. Roxana Fernández-Condori (SOPENUT-Perú)

19:50 - 20:00 Dietary recommendations in Latin America Prof. Dr. Luis Moreno (UNIZAR - SEÑ - FINUT)

20:00 - 20:10 Dietary recommendations in Brazil Prof^a. Dra. Karina Dos Santos (UNRIO - Brazil - RINN22)

20:10 - 20:20 Dietary recommendations in Korea Prof^a. Dra. Hyun-Sook-Kim (IUNS - Korea)

20:20 - 20:30 Dietary recommendations in India Prof^a. Dra. Sridevi Adivi (India)

Matrikula prezioak

IZEN EMATEA - ONLINE ZUZENEAN

2024-07-10 ARTE

[Matrikula doan](#)

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Kokalekua

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