

La ciudad de 15 minutos desde la perspectiva de la accesibilidad

17:00-17:05	Bienvenida institucional <i>Leire Artola – Beasaingo Alkatea</i>
17:05-17:10	Presentación del director de la actividad <i>Adur Ugartemendia – Lurraldea saileko presidentea – Beasaingo Udala</i>
17:10-17:40	Ponencia “Human-centred planning in action” <i>Maria Teresa Baquero – Universidad Politécnica de Madrid</i>
17:40-19:40	Taller práctico y paseo “Walking Awareness Workshop” <i>Maria Teresa Baquero – Universidad Politécnica de Madrid</i>
19:40-20:00	Sintesis eta itxiera <i>Adur Ugartemendia – Lurraldea saileko presidentea – Beasaingo Udala</i>

Walking Awareness workshop: Ageing simulator suit

Ear deafeners block sound /simulate hearing impairment)

Gloves to reduce sense of touch

Arms and wrist weight to simulate loss of arm muscle and straight

Leg weights (to simulate stiffness and muscle wasting and straight)



Glasses (simulate cataracts and decrease in vision)

Neck brace (reduces head mobility)

Vest full of weights (to restrict movement and cause slouching)



Experience and empathize with different users' needs